



Princess Royal Trust
for Carers in Hampshire

Aldershot Carers Group

Do you help look after someone with a care need? Would you like to connect to other carers?

If so come along to our informal coffee meetings once a month.



The group takes place on the 3rd Monday of each month 10.30am-12noon at Harlow Hall, 1 Ordnance Road, Aldershot. GU11 1TW

For further information, please call 01264 311680 or email: info@carercentre.com

**If you care,
we care.**

Charity No 1040518 Company No 2955846

**CARERS
TRUST**