

This is a list of organisations offering help and support in Aldershot during the Coronavirus pandemic:

- Vine Dining:

For anyone in receipt of benefits, self-isolating and has no family or friends who can help. Covers Aldershot, Farnborough, Ash and Tongham.

info@thevinecentre.co.uk

01252 400196

- My Space:

For anyone in the area needing advice, support, emergency food or signposting to other organisations. 10am

-1pm every Monday

myspace@thevinecentre.co.uk

01252 400196

- Foodbank:

Every Tues and Thurs 1pm - 2.30pm

At The Princes Hall. For anyone unable to afford to pay for food. If you are in isolation and cannot get to pick up a parcel (and have a foodbank voucher), then please contact ARC on 01252 214022 and we can arrange for a volunteer to collect and deliver to your doorstep

- Coronavirus Hampshire helpline on 03333704000 they will take the information and give it to the right person to deal with, they can provide package of food or help over the phone for the people who struggle with their mental health or the people who is feeling alone. <https://www.rushmoor.gov.uk/article/11936/Help-for-those-in-need-and-volunteering>

- A.R.C Aldershot Response to Coronavirus:

Volunteer community group set up in response to the crisis. For anyone affected by the Coronavirus crisis who have no friends or family who can help them. We are working together with Rushmoor Voluntary Services to help get food and medication to people in isolation. We have a number of volunteers to help do shopping and are helping RVS provide a regular prescription collection service to your doorstep

Call us Mon to Fri 10am-1pm 01252 214022

arcactiongroup@gmail.com

-Chloe's and Sophie's Special Ears Fund - we are working from home at the moment and are in Aldershot. We are here for Deaf/Hard of Hearing people in Aldershot and surrounding areas. We will get a poster designed to share. - Phone line for text 07935056499 every day of the week Monday to Saturday 9.30am till 5pm.

The NHS 111 service is now available 24 hrs with BSL interpreters.

-Aliza Gurung- Domestic Abuse Care Worker for the Nepalese Community 07741261387

If needed the Nepalese Community member can call the emergency numbers 999 or 101 to speak about their problem or report an abuse, if they have a language barrier problem they need to repeat Nepali 3 times and they will be transferred to the right operator.

Coronavirus Support for The Nepalese Community: 01252 894280